

## **APPENDIX 1 - GLOSSARY OF TERMS**

### **Electrolysis**

A technique used to remove unwanted hair, skin tags and blemishes from the face or body. This procedure works by sending an electric current through the skin, targeting the cells that are responsible for the growth and development of these blemishes.

### **Tattooing**

A tattoo is a marking made by inserting ink into the layers of skin to change the pigment for decorative or other reasons. It is done with a tattoo machine.

### **Semi-permanent skin colouring**

Semi-permanent colouring or cosmetic tattooing is a method of implanting pigmentation into the upper layer of the skin to create a cosmetic enhancement.

### **Cosmetic piercing**

Piercing or cutting part of the human body to create an opening in which jewellery may be worn.

### **Acupuncture**

Fine needles are inserted at certain points of the body for therapeutic or preventative purposes, most commonly for pain control.

### **Dry Needling**

Dry needling is a technique that acupuncturists, physical therapists and other trained healthcare providers use to treat mainly musculoskeletal pain and movement issues. The needles used for dry needling are thicker than those used for acupuncture.